

# PANTRY PICKIN'S



## INSIDE THIS ISSUE:

<i>CARES Volunteer Highlights</i>	2
<i>From Your Director</i>	2
<i>From the Front Lines</i>	3
<i>Current Event Article</i>	3
<i>Fundraiser Dinner</i>	4

## Upcoming Events

*Taste of Pickens*

*November 9, 2013*

## Financial Assistance:

First, Third & Fifth Friday of each month.

Second & Fourth Fridays for July & August 2013 only

## THIRD ANNUAL PASTOR'S POT RUNNETH OVER

The Third Annual Pastor's Pot Runneth Over Challenge took place Saturday, May 4, 2013 in the Fellowship Hall of the Jasper United Methodist Church. As has been the case so often this year, showers of liquid sunshine fell outside the building as the tantalizing smells floated throughout the hall on the inside. Many delicious dishes were presented by 15 area churches who showcased their best cooks and presented a variety of appetizing tastes for the patrons to sample. Items presented included muffins, Brunswick stew, chili, sandwiches, delectable desserts and so much more. If you let the weather keep you at home this year, you missed a treat!

Dave Garner of ETC was the emcee for the event and he announced the Episcopal Church of the Holy Family's pork tenderloin baguettes as the winner of the Taster's Choice. New Lebanon Presbyterian Church received the most votes for churches under 150 members and First Baptist Church received the most vote for churches over 150 members..

Katharine Armentrout once again headed up this wonderful event that raised approximately \$5,700 for CARES. We truly appreciate all the effort put forth by Katharine and the outstanding volunteers that made this day a true success. We ask that you mark your calendars for the first Saturday in May in 2014 for the next Pastor's Pot Runneth Over Challenge.



Pictured above left are members of the New Lebanon Presbyterian team (left) and the First Baptist of Jasper on the right shown with their blue ribbons for first place in votes. Pictured above right are members of the Episcopal Church of the Holy Family accepting the Taster's Choice award.

## CARES VOLUNTEER HIGHLIGHTS

Lorene Ballew became a volunteer with CARES in June 2011. Her husband, Gene, had been a volunteer before that and she wanted to help also, but work took up too many hours for her. Gene passed away in 2009 and Lorene spent the next two years trying to figure out what to do with herself. She remembered her desire to volunteer at CARES earlier so one day she just drove up and asked how she could volunteer. She encountered two people unloading a truck and asked what she needed to do. The lady she talked to told her to volunteer on Fridays and so that is what she did.

That lady was Kathy Bostick and she soon became Lorene's best friend. Lorene said, "The Lord sent me to CARES for all the right reasons, for the love I have always had to help others, plus he placed me in a place where so many good Christians are, plus he filled the void I have had in me since I lost Gene. There is never a day that goes by that I don't thank Him for how He placed me to be able to help others and also find such good caring Christian folks that have filled my life with so much love".

Lorene doesn't just come on Fridays to help those in need. She is here every Wednesday and Thursday also and she has taken on the role of Thursday Section Leader. We appreciate all of Lorene's efforts and we are so happy that God sent her our way. Thank you for all you do for CARES!!



Lorene Ballew

*"The Lord sent me to CARES for all the right reasons. . ."*

## FROM YOUR DIRECTOR

WHY DO YOU VOLUNTEER AT CARES? Through many years as I have talked to each of you (when you first came of along the way), I have found you may have come here for many different reasons. Some to "give back." Some to "help the needy or poor." Some to do "God's work." Some because you want to "volunteer a portion of your time," and some because you "needed something to do." Some of you may have come for more than one reason. Whatever your reason, that is OK and good.

I might ask now "what motivates you to keep volunteering?" I hope it is for the same or additional reasons. I primarily work here and do volunteer work because God wants me to and

I know it is a biblically based ministry of dealt to you in return." His to help the poor and needy. There are many scriptures which relate to this such as Mark 10:21, Luke 14:21 and 18:22, John 12:5, Galations 2:10, Exodus 23:11, Ester 9:22, Psalms 41:1 and 72:13 and 82:4 and many others I am sure.

At times, we may feel like "not doing this anymore." I know there may be various reasons we may get this way. I want to encourage you to "keep on keeping on." I will leave you with two scriptures that may help you. A few years ago a preacher friend shared Galations 9:9 with me and it has helped me. "And let us not lose heart in doing good, for in due time we shall reap if we do not grow weary." And lastly, there is Luke6:37-38. "And do not pass judgment and you will not be judged and do not condemn and you shall not be condemned; pardon, and you will be pardoned. Give and it will be given to you, good measure, pressed down shaken together, running over, they will pour into your lap. For whatever measure you deal out to others, it will be



*Larry*

*"I might ask now what motivates you to keep volunteering."*

## FROM THE FRONT LINES

As you know, there is a process for a client to receive food each week. While the end result is the cart of food rolled out the door, the client must first fill out an application, meet with a food counselor, be input into our Photo ID system and then have their pick list passed through to the warehouse. Janice Wolford and Amy Boul are usually the first faces a client sees. They make sure a client is added to our system, receives an ID card and has their visit recorded each time they are at CARES. They also notify clients when it is time to speak with a counselor. Amy is relatively new to CARES and has helped us receive grant money from her employer, Boeing, because of the hours she volunteers with us. She works Monday and Friday Intake and on Wednesdays in

the back stocking shelves. Janice says, "The best thing about working the front desk at CARES is getting to really know the clients face-to-face".

Christine New and Doris Martin are the next smiling faces a client encounters. Christine records each client's name, number in their family and the number they receive for food distribution. This allows us to keep accurate records of how many clients we serve each week. Ms. Doris writes down the non-food items clients would like to have each week and passes the pick list (this tells the shoppers how many are in a family and their ages) onto the shopping side of the operation. Both ladies have served many years with CARES and we appreciate their valued service. Christine feels that "it has been a privilege to work with other volunteers at CARES and see the community

both business and individuals pitch in to provide food for those in need in Pickens County". Ms. Doris sums up the whole reason behind CARES with this statement, "I love my job at CARES because we are able to help those in need. CARES is a wonderful organization". We thank you ladies for all you do and for the kindness you show to our clients each week.



Front: Christine New and Doris Martin Back: Amy Boul and Janice Wolford

*"...it has been a privilege to work with other volunteers at CARES and see the community both business' and individuals pitch in to provide food for those in need in Pickens County"*

### Hungry Kids are Getting the Resources They Need\*

Childhood food insecurity is the percentage of children under eighteen years old living in households that experience limited or uncertain availability of nutritionally adequate and safe foods at some point during the year.

#### Food Insecurity

48.8 million Americans-including 16.2 million children-live in households that lack the means to get enough nutritious food on a regular basis. As a result, they struggle with hunger at some time during the year.

#### Food-Insecure Families

Food insecurity-

the limited or uncertain availability of nutritionally adequate and safe food-exists in 17.2 million households in American, 3.9 million of them with children.

Rates of food insecurity are substantially higher than the national average among households with incomes near or below the federal poverty line, among households with children headed by single parents (35.1% of female-headed households with children are food-insecure) and among Black and Hispanic households.

Food insecurity is most common in large cities but still exists in rural areas, suburbs and other outlying areas around large cities —25% of households with

children living in large cities are food insecure.

The typical (median) food-secure household spent 27 percent more for food than the typical food-insecure household of the same size and composition.

59% of food-insecure households reported that in the previous month they had participated in one or more of the three largest federal food and nutrition assistance programs: SNAP (formally food stamps), School Lunch and WIC.

\* From [www.nokidhungry.org](http://www.nokidhungry.org)

**"48.8 million Americans, including 16.2 million children-live in households that lack the means to get enough nutritious food on a regular basis".**



## FUNDRAISER DINNER SPONSORED BY KIKER WEALTH MANAGEMENT, MAY 21, 2013

Paul Kiker of Kiker Wealth Management located in Jasper, graciously offered to sponsor a dinner to raise much needed funds for CARES. Guests were welcomed by CARES board member, Regina Camp and after the invocation by CARES board chairman, Rev. Ben Laughlin, they were treated to a delicious meal provided by Dough Boys Cakes and Catering. After the meal was finished, Dr. Kevin Elko, author and motivational speaker, spoke to the audience about how to be successful. CARES was able to raise approximately \$4,000 through this event. We would like to thank CARES board members, Angie Jones and Diane Hales, and Jackie Miller, with Kiker Wealth Management for all the hard work they put into making this event a success.

89 Cares Drive  
P. O. Box 1342  
Jasper, GA 30143

706-253-4777  
Food Ministry/Director

706-253-4778  
Financial Assistance

### Hours of Operation

*Monday*  
1:00 p.m.—3:00 p.m.  
(food only)

*Wednesday*  
10 a.m.—Noon  
(emergency food only)  
(new clients)

*Friday*  
8:30 a.m.—Noon  
(food)

*Financial Assistance is provided the first, third & fifth Friday of each month. The first 10 financial clients are assisted.*

### VOLUNTEERS NEEDED

*If you know someone who would like to volunteer, please have them call Larry Starr at 706-253-4777*



Driving home after being at CARES, I started thinking that perhaps it would be nice to take a picture of a person who was working hard getting a job done. But then I thought, perhaps a picture of another person. After that I realized that so many people go over and beyond to accomplish a task. How could I recognize just one person and not feel guilty about leaving out others?

Then the old hymn, *Count Your Blessings, Name Them One By One*, came to mind. So here goes.

People who:

- Order and shop for needed items
- Drive to the Atlanta Food Bank to fill our shelves, with patience in spite of traffic.
- Pick up bread and other food donated by stores.
- Stock shelves, week after week, month after month, year after year.
- Repackage food, etc. into smaller portions.
- Lift heavy items without complaining.
- Very thoughtfully fill a food order, trying to help fill a client's needs.
- Improve the computer system and keep records up to date.
- Take on the work of weed eating.
- See the need for weeding flower beds and trimming bushes, and then do it.
- Clean the floors, bathrooms and kitchen.
- Make repairs to the building, as needed.
- Keep the funds coming in.
- Keep the records of our finances.
- Greet clients as friends.
- Plan the back to school program and organize it to run smoothly.
- Encourage clients to further their education.
- Listen to client's problems and make suggestions to help them change their lives.
- Serve on the Board of Director's to oversee the direction CARES is taking and taking on major fund raising events.

Most of these things are done by volunteers but there are also clients who show their appreciation by taking on a job, bringing treats or flowers for us to enjoy. If you see your job in this blessing list, you are a blessing.

Feeling grateful for our group, I hope you enjoy the work God has given to us.

Signed,

A Volunteer







We would like to wish Dewey "Pete" Holden a very Happy Birthday!! Pete celebrated his 78th birthday on June 28. He did it up right with that festive tie and a good piece of chocolate cake.